



ASA Aquatic Helper Workshop Information

Aimed at 13-16 year olds and can be delivered by the Club's own teacher/ coach.

This workshop has been designed for young people between 13 and 16 years of age, who wish to actively assist on poolside in any aquatic environment. These people might include young volunteers, young people who would like to help in Learn to Swim schemes and Club Captains. It is great for retention of athletes for the club and increases the number of volunteers. It is also great for the young person's Curriculum Vitae and provides a step up into the ASA/ UKCC Level 1 Courses. Cost of the course is £5 per learner- this covers the administration and an official certificate upon completion. Each learner should be a member of the ASA or the IOS.

From attending this workshop, the learners should be able to;

- Demonstrate that they are able to assist and appropriately use equipment required
- Demonstrate knowledge and understanding of the importance of Health and Safety in the aquatic environment
- Demonstrate that they are able to share knowledge, promote good behaviour and establish expectations of the group

To organise a course, the club will need to do the following;

- Find a coach/ teacher that is keen to deliver the workshop on behalf of the club. This person needs to hold a UKCC Level 2 Qualification in the appropriate discipline, and has experience of delivering to groups of young people
- The nominated person will then need to complete the Aquatic Helper online presenter guide (available free of charge via the [IOS online](#)) and have a personal IOS online login
- Ensure you have 3 hours available for theory followed by 3 hours for practical. This does not need to be on the same day.
- Register the course via submitting the [Registration Form](#) to Lorraine Dean at lorraine.dean@swimming.org at least 28 days before the start of the course (if it is late, the club will incur a £25 late booking charge)
- Complete the workshop
- All learners will receive an official certificate upon completion

Learners will book on via the IOS online website as individuals. If the club wishes to fund their places, the club can be invoiced and the learners will receive a voucher code to input when booking. The presenter will have access to a register of those booked on. You can also book a 'partially closed' course which allows you to reserve spaces on the course but then open up the remaining spaces to other clubs (max 25 people can attend the course) if you wish. The IOS will advertise the course for you online at no cost.