



# Suffolk Coastal Torpedoes

## Water Polo Club



**Affiliated to Swim England**

Website - <http://www.sc-torpedoes.co.uk/>

Dear Parent/Carer

The Suffolk Coastal Torpedoes Water Polo Club (SCT) welcomes you and your child(ren) to the club. We hope your child(ren) will enjoy the experience of being a club member including the training, matches and the social interaction with all our members.

### **How we are run**

The club is run by a committee elected annually at the clubs Annual General Meeting. A full list of the committee members and coaches can be found on our website.

Below is a list of some of those key officers for your information.

SC Torpedoes Club Chairman – Sue White

SC Torpedoes Coaches – Chris Cawood & Sue White

SC Torpedoes Welfare Officers

Bryan Johnson

Clare Larder

email [welfare@sc-torpedoes.co.uk](mailto:welfare@sc-torpedoes.co.uk) mobile 07814430338

As a club we are affiliated with Swim England. They administer and govern all amateur aquatic sport in the England. Our affiliation with Swim England provides our liability insurance to operate our Water Polo sessions which is why we will register your child(ren) as Swim England members. It is our policy that for players under 16 we register a parent/guardian as a Swim England member also. Swim England membership fees will be collected separately from your normal monthly club membership fee when you join and then annually every January.

We are proud to have been granted Swim Mark Essential Club status , which is national recognition that clubs are providing a quality service for all members, which is recognised by Swim England. The club is reviewed annually to ensure we continue deserve that status.

While we hope your child(ren) will be happy and content at the club we do recognise that sometimes questions, concerns or issues may arise, so communication between yourself and club is vital.

### **How we communicate with you?**

Our main methods of keeping you informed of the progress of the club is via our website and emails.

## Suffolk Coastal Torpedoes Water Polo Club

Our website has copies of all our Codes of Conduct, Safeguarding policies, updates about the club and our training schedules, fixtures, our constitution, our annual accounts, and general information about Water Polo.

Please do ask your club Welfare Officers, or any committee member or coach, if you have other questions not covered in this letter or on our website.

### Coaching Issues

If you have a question regarding coaching, you should in the first instance approach your child's coach.

Do so at a time convenient to you both and please do not go on poolside and interrupt training sessions. The coaches will be happy to arrange a time before or after training to discuss any training issues.

If you have a question or concern regarding child welfare the club welfare officer should be informed.

### Safeguarding

As a club we follow the Swim England safeguarding policy called Wavepower.

This is a set of principles and rules that guide us as club how we can support and protect all our members. If you want to have a look at Wavepower, it can be viewed and downloaded from the Swim England website.

Whilst we will do all we can to provide a safe and healthy club environment, **it is important that if something or someone causes your child to be unhappy that you tell us.** Please contact one of the club's welfare officers.

If you do not feel you can approach the coaches or the club's welfare officers there is a dedicated helpline for anyone wishing to raise a safeguarding or welfare concern directly to the Swim England called Swimline – 0808 100 4001.

### Suffolk Coastal Torpedoes Water Polo Club Codes of Conduct

Just as we expect others to behave properly towards you and your child(ren), we expect you and your child(ren) to behave in an appropriate manner to our coaches, club helpers and club members, as well as people from other clubs and the people who work at the pools where we train/play matches.

We have a code of conduct on our website for both you and your child(ren), that we expect to be followed. You and your child(ren) are agreeing to abide by them when you complete your SC Torpedoes Membership Form(s).

If you are unsure about any aspect of the code of conduct, please feel free to ask.

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## Social Media and On-line Safety

It is recognised that the use of social networking sites such as Facebook, Twitter and Instagram, and instant messaging tools such as WhatsApp, TikTok and Snapchat, continue to grow rapidly and are increasingly being used as the communication tools of choice by children.

Whilst the ever-developing technologies provide exciting opportunities for our members, they are accompanied by dangers and negative consequences if abused

We recommend that that parents/guardians have awareness and monitor their children's online activity. For more information for you and your child(ren) about on-line safety please visit the "Think you know" web site <https://www.thinkuknow.co.uk/>

## Getting involved?

The water polo club are always looking for parental help to run the club. You may offer to help, or a member of the committee may approach you to see if you are able to assist. We are a club that is totally run by volunteers and appreciate any help parents can give us, however small.

So finally, we hope you and your child(ren) enjoy being a member of the SC Torpedoes Water Polo Club and enjoy this fantastic sport.

Kind regards

Bryan Johnson and Clare Larder

Club Welfare Officers

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## Useful websites for parents, children and young people

**NSPCC** – Support and tips to help you keep children safe. From advice on children’s mental health to staying safe online, support for parents and what to do if you are worried about a child

<https://www.nspcc.org.uk/keeping-children-safe/>

NSPCC Child Protection Helpline on 0808 800 5000.

**Childline** - Childline is a service provided by NSPCC for kids and teenagers, They can contact Childline about anything. Whatever their worry, it's better out than in.

There are lots of different ways to speak to a Childline counsellor or get support from other young people.

<https://www.childline.org.uk/get-support/>

Need advice or just want to talk? Call ChildLine 0800 1111.

Calls are free and confidential.

**NSPCC - Child Protection in Sport Unit – Information for Parents** - information and guidance to enable you to keep your child(ren) safe, happy and enjoying sport

<https://thecpsu.org.uk/parents/information-for-parents/>

**Kidscape** - Have a helpline and downloadable leaflets on what to do if your child is being bullied.

<https://www.kidscape.org.uk/>

**Thinkuknow** - is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline.

<https://www.thinkuknow.co.uk/>

**Child Exploitation and Online Protection (CEOP)** - a range of information about keeping yourself or a child you know safe from child sexual exploitation

<https://www.ceop.police.uk/Safety-Centre/>